

ISPSO Regional Meeting in London February 7th 2014

Exploring Shame and Shamelessness in Individuals, Organisations and Society

Developing a Community of Enquiry:

The aim of this event is to *share, explore* and *learn* from each other about organisational and social experience on the topic of *shame and shamelessness*

Experience and behaviour involving shame and shamelessness bridge the perspectives of psycho-analytical and socio-analytical understanding and practice in understanding individuals, organisations and society.

Shame and its management has many dimensions including:

- Physical/emotional: *dying of shame, hiding one's face, brazening it out, feeling thin-skinned, being thick-skinned;*
- Emotional/group: *being stigmatised, scapegoating, bully-victim pairs, being an outsider;*
- Group/societal: *national identity and sub-identity humiliations, loss of homeland, racism, being differently enabled;*
- Ethical: *professional and social norms for values, procedures and practice, tact, duty of care, integrity and intrusiveness, lying, bigging-up, hope/spin.*

The day will be facilitated by Richard Morgan-Jones with Angela Eden and William Halton (RM-J, AE, WH) who will hold a series of group exchanges and exercises to clarify:

1. What experiences of shame and shamelessness come to people's attention?
2. What questioning and enquiries from different perspectives can be clarified?
3. What perspectives from psycho- and socio-analysis can be explored?
4. What interventions might make a difference?

There will be opportunities for experiential work, observation, theoretical reflection and application groups.

Findings from the day can be made available to the ISPSO Library to include readings and noted perspectives. The day will also draw from and contribute to possible discussions on the ISPSO listserve and the Linked-In exchange to facilitate wider enquiry.

Provisional Programme:

8.30 Tea/coffee registration

Opening networking around the theme and members' interest in it

9.00 – 9.50 **Introduction to ISPSO and the day**

Gathering themes for the day; Presentation of the scope of the topic. Richard Morgan-Jones will discuss his own work and how his innovation of the trilogy event might take further the systems psychoanalytic study of shame and shamelessness.

Participants will be invited to contribute their own perspectives.

Briefing for the Trilogy Event

10.00 – 11.00 **Trilogy Inter-group event 1:**

To experience and explore relatedness between three levels of professional understanding and experience: the emotional, the psycho-dynamic and the societal. Each of three groups will represent one of these perspectives. The aim is to explore how these three dimensions can work together through shared experience, associations, inter-group observation and hypothesis making.

RM-J, AE, WH.

11.00 - 11.30 *Tea, coffee, biscuits*

11.30 – 12.30 **Trilogy Inter-group Event 2**

RM-J, AE, WH

12.45 – 13.45 *Lunch*

13.45 – 14.45 Small **Review and Application groups** for people to apply their experience of the day and to explore organisational and societal engagements of their own.

14.50 **Plenary reflections** on the psychodynamics of shame and shamelessness plans for future ISPSO activities for the UK and Ireland Region

15.50 – 16.00 **Future plans** for ISPSO UK & Ireland. Jacqueline Sirota and committee.

16.00 *Tea and coffee*

Note

©Trilogy Event. Richard asks that the trilogy event be copywrite, not to invite payment or protect its methodology from being used or developed elsewhere, which he wishes to encourage. It is rather to ask that when it is used or developed his innovation is referenced.