

# Eco-Anxiety

How are Psychotherapists  
experiencing  
this

in their Client Work ?

## A Request for Research Participants

I am conducting research into **Eco-Anxiety**  
as part of a MSc in Psychotherapy @  
University of Brighton.

If you are a practicing BACP/UKCP/BPA  
Registered  
psychodynamic or psychoanalytic  
psychotherapists who have experience of  
working with clients presenting with eco-  
anxiety

I would like to invite you to take part in a  
qualitative research study.

Research scheduled from October - Jan  
2024 involves a 1hr audio recorded  
interview with me.

If interested or you know of others, could  
you please email/message me.

Thank You: Jack Broadley. MB: **07973745558**  
Email: **J.Broadley1@uni.brighton.ac.uk**  
Office number: **01273 936619**

**What is Eco-anxiety? It refers to  
people's stresses, fears and worries  
about the future of the planet and  
their feelings of hopelessness at the  
scale of the issue. BACP 2023.**

**Contacting me does not oblige you to participate. All interview material and identity will be  
treated confidentially and will be anonymised. This study has been reviewed and received  
ethics clearance through the University of Brighton Ethics Committee.**