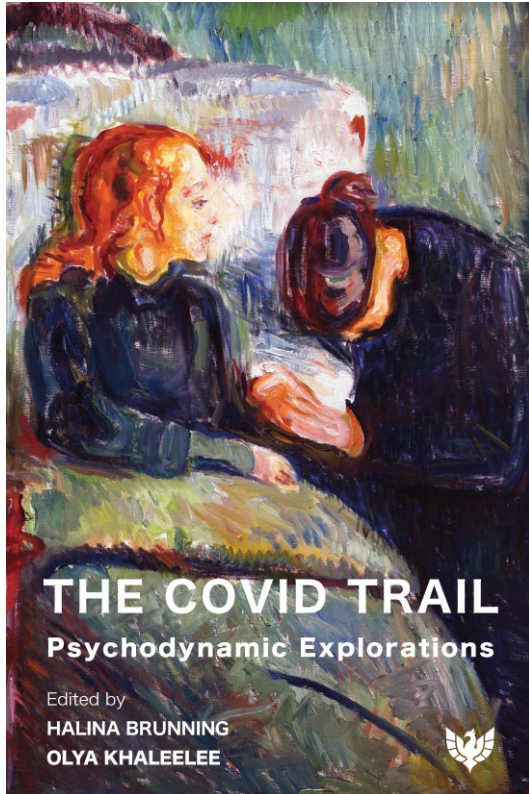


# The Covid Trail

*Psychodynamic Explorations*

HALINA BRUNNING & OLYA KHALEELEE (EDS.)



## Keynote

An exploration of the new, unknown, and dangerous terrain that Covid-19 has opened before us from an international perspective.

## Key Features & Highlights

- An attempt to bring understanding to what is happening in this post-pandemic world using the language of psychoanalysis and system psychodynamic thinking.
- An essential guide to this permanent “new normal” for those looking to comprehend the ways in which the world has changed.
- Contributors include Anthony Berendt, Birgitte Bonnerup, Leslie B. Brissett, Halina Brunning, Tim Dartington, Winnie Fei, M. Gerard Fromm, Zhang Jian Li, Olya Khaleelee, Andrzej Leder, Richard Morgan-Jones, Claudia Nagel, Mario Perini, Rob Stuart, Simon Western, and Barbara-Anne Wren.

The idea of *The Covid Trail* developed at the height of the Covid-19 pandemic. Motivated by a desire to express what is hidden, dangerous, and difficult to express, this book takes us on a trail. It starts with disquiet, disorientation, and loss in Part I. Part II takes a closer look at despair and resilience and pairs them through balancing power with vulnerability. Part III delves into the realm of psychoanalysis, to seek solace, or at least a deeper understanding of the phenomenon of the pandemic, and examines how we have sown our own environmental destruction. The final part offers a glimpse into the post-Covidian world and the longer and deeper impact of Covid upon our bodies, relationships, constructs, and civilisation. The volume ends on a trail of each chapter’s essence, taking the reader from shock, disorientation, and fear through mobilisation of resilience, a realisation of the enormity of the changes humanity faces, and an attempt to comprehend these processes. All those with a desire to understand the way the world has changed will want to explore *The Covid Trail*.

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